IgE is the only approved method for in-vitro allergy diagnosis

IgG tests do not have clinical relevance in allergy:

- IgG testing has no clinical value in the diagnosis of food allergy and is not recommended.
- The American Academy of Allergy, Asthma and Immunology opined that IgG and IgG subclass antibody tests for food allergy do not have clinical relevance.
- Measurement of specific IgG antibodies to foods is unproven as a diagnostic tool.
- Determination of food-specific IgG is of no clinical relevance and should not be part of the diagnostic work-up of food allergy.